

WAYNE STAND UP TO STIGMA

Stigma is when someone, or even you yourself, views a person in a negative way just because they have a mental health condition.

The stigma of mental illness and substance abuse use often discourage or prevent people from seeking treatment.

Thus, Wayne Township leaders united and began their quest to make Wayne a Stigma-Free Zone!!

The initiative aims to create an environment in which residents feel that...

#ItsOK2Talk

#ItsOK2ask4HELP

...get involved...

**WAYNE
TOWNSHIP
PROUD TO BE
STIGMA-FREE**

To learn more about the steps **YOU** can take in our quest to eliminate stigma, contact the Wayne Alliance at:
(973) 694-1800 x3244

To learn more about the Stigma-Free campaign, visit:
<https://www.nami.org/stigmfree>